

SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY

SAULT STE. MARIE, ONTARIO

Course Title: Introduction to Addictions

Course Code: HDG110-3

Program: ADDIC

Semester: One

Date: September 1996

Author: Native Education Department

Revised: (x)

APPROVED: M. D. St-Amand  
Dean, School of Native Education

DATE: Aug \*\*/1/94

## **I. PHILOSOPHY/GOALS**

An addiction interferes with the healthy lifestyle of an individual, family and community. Students will gain an understanding of the impact on physical, mental, spiritual and emotional aspects related to the consequences of addictive behaviors.

## **II. LEARNING OUTCOMES**

Upon successful completion of this course, the student will be able to:

1. Categorize and differentiate between the effects of various drugs.
2. Elaborate upon the relationship between the development of dependencies and the impact of addictions.
3. Compare and contrast theories of addiction currently accepted in the field.
4. Identify the impact of addictions on lifestyle, family dynamics and community life.

## **III. TOPICS TO BE COVERED**

1. 5 Major Drug Categories
2. Development of physical and psychological dependency
3. Theories of addictions
4. Impact of addiction on individuals
  - 4.1 Co-dependency
  - 4.2 Addicted families-Roles, Rules, Dynamics
  - 4.3 ACOA Issues

**IV. LEARNING ACTIVITIES/REQUIRED RESOURCES**

**1. Learning Activities: Drugs, their types and effects**

- \* Introductions, brainstorming, sharing experiences
- \* Instructor's presentation on drugs and their effects
- \* Video - Drugs and You/ Class discussion

**Resources:** Overheads/chalkboard

**2. Learning Activities: Development of Dependency**

- \* Presentation on dependency perspectives
- \* Participate in group discussion and share ideas and viewpoints on various perspectives presented.

**Resources:** Overheads/chalkboard

**3. Learning Activities: Theories of Addictions**

- \* Presentation on the twelve theories of addiction
- \* Participate in group discussion and share ideas and viewpoints

**Resources:** Overhead/chalkboard

**4. Learning Activities: Impact of addictions**

- \* Presentation on Co-dependency, Addicted families and children of addicted families.
- \* Participate in class discussion and share ideas and viewpoints on topics covered
- \* Video - Caring for ourselves - Co-dependency

**Resources:** Overhead/chalkboard and guest speakers, supplementary handouts

**5. Learning Activities: Individual Presentations**

- \* The class will listen to each presentation and share viewpoints on presentations.
- \* Some topics that may be covered: Crack babies, Addictive Behaviors, Gambling, Cocaine, Caffeine, Solvents or Family dysfunction.

**Resources:** Students choice of resources

**V. METHOD OF EVALUATION**

Mid-Term Test - Week of October 9	25%
2 Book Reports - 1- Week of October 18	15%
- 2- Week of December 4	15%
Presentations - begins week of December 5	15%
Attendance & Participation	5%
Final Test - Week of November 28	25%
Total	100%

- A. There will be two tests. The first test will cover the first 3 topics: Development of Dependency, Major Categories of Drugs and Theories of Addictions. Test two will cover the second half of the course which deals with the Impact of Addictions on the Families and Co-dependency Behaviors, ACOA Issues. Tests **CANNOT** be re-written to obtain a higher grade. Tests may be re-scheduled, at the instructor's discretion, for substantial and substantiated reasons for absence on that test day. Students who miss a test **MUST** make re-scheduling arrangements directly with the instructor **AS SOON AS POSSIBLE**.
- B. There will be two book reports to complete for this course. Each student is to select two books, preferably non-fiction, for supplementary reading. The first book should focus on one of the issues dealt with in the first half of the course. The second book should meet the same requirements but focus on an issue dealt with in the second half of the course. Each book **must** be approved by the instructor. Students are expected to read these books on their own. Following completion of each book students are to write a brief paper (3-5 typewritten pages) covering the following sections:
1. Brief summary of the book; (5%)
  2. Summary of students' reaction to the book, with specific references to the book; (5%)
  3. Summary of how information from the class fits into the material presented in the book and if this has enhanced understanding of the material, how did it do so? (5%)

C. Presentation: Choose a topic related to the field of addictions. Make sure that you secure a topic early with your instructor as there will be no duplication of presentations This is an individual effort **NOT** a group activity. Research and organize an oral presentation of your topic. You will be allotted 15 minutes during the last three weeks of the course to present. You may choose to do your personal life story, your story must include specifics on how it relates to class information.

- 1. Organization of material ..... 5%
- 2. Presentation of material ..... 5%
- 3. Content -(not repetitive of material already covered)- 5%

Total -15%

D. Attendance and Participation will be evaluated as follows: students will lose 1% per day of unexcused absence. At the end of the semester, if the student's active participation was above average => gain 1%; if student's active participation was average => no change; if student's active participation was below average => subtract 1% from Attendance Participation mark.

**BOOK REPORT RESOURCE LIST:**

**TO BE PROVIDED IN CLASS**

**SPECIAL NOTES:** Students with special needs (e.g. physical limitations, visual impairment, learning disabilities) are encouraged to discuss required accommodations confidentially with the instructor.

Your instructor reserves the rights to modify the course as he/she deems necessary to meet the needs of students.

Significant learning takes place in the classroom through an interactive learning approach, therefore, ALL students must attend 60% of the classes to obtain a passing grade.

ALL assignments are to be handed in on the due date and are to be typewritten. Any late assignments will be penalized 1% per each day late.

**COLLEGE EVALUATION SYSTEM:**

Letter grades, for transcript purposes, will be calculated as follows:

90% - 100% = A+

80% - 89% = A

70% - 79% = B

60% - 69% = C

Below 60% = R (Repeat of the course)